

HOSPITAL BAG

checklist

BABY

- ☐ ANNOUNCEMENT OUTFIT
- ☐ BABY WRAP
- ☐ 2-3 ONESIES
- ☐ SLEEP SACKS
- ☐ SOCKS

MOM

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| ☐ GOING-HOME OUTFIT | ☐ SHOWER SHOES |
| ☐ SOCKS | ☐ HAND SANITIZER |
| ☐ SLIPPERS | ☐ NURSING BRA |
| ☐ TWO SETS OF PJS | ☐ EXTRA-LONG CHARGER |
| ☐ SNACKS | ☐ BATHROBE |

IMPORTANT

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| ☐ EMPTY TOTE BAG | ☐ WALLET |
| ☐ LINEN BAG | ☐ BIRTH PLAN/PREFERENCES |
| ☐ MEDICATIONS | ☐ NURSING PILLOW |
| ☐ CAR SEAT AND BASE | ☐ EXTRA-LONG CHARGER |

TOILETRIES

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| ☐ HAIRTIES/SCRUNCHIES | ☐ DEODORANT |
| ☐ TOOTHBRUSH/TOOTHPASTE | ☐ BODY WASH |
| ☐ CHAPSTICK | ☐ SKINCARE |
| ☐ MAKEUP WIPES | ☐ HAIRBRUSH |